

Your Free AI Assistant — Quick-Start Guide

Muse is the AI assistant I use every day — it runs my business pages, writes my emails, and does my research. Here's how to get yours set up in five minutes.

Step 1 — Get the app

Download Muse and join here: <https://muse.ai/join>

Then open the app's Settings within 48 hours of joining and enter my referral code for bonus tokens:

RDB2F0

Step 2 — Ask it these three things first

- **“Plan my day from these details:”**
— paste in your schedule, appointments, or to-do list. It maps the whole day out for you.
- **“Turn these documents into a single checklist:”**
— drop in orientation packets, manuals, anything messy. It pulls every action item into one clean list.
- **“Walk me through fixing this, step by step:”**
— describe the problem as it happens. It troubleshoots live with you.

Pro tip: the more context you give it, the better it performs. Paste the details, upload the files, describe the situation — then let it work.

Step 3 — Plug In Systeme IO

The automation upgrade.

Here's where it gets interesting. I connected my Muse to Systeme IO — the platform that runs my email list. Now new signups tag themselves and welcome emails send themselves. Copy the prompt below, paste it into your Muse, and it will walk you through the exact same setup.

COPY + PASTE THIS INTO MUSE:

"Connect my Systeme IO account to you so you can run my email list.

1. Walk me through creating a free Systeme IO account if I don't have one, and creating a Public API key — tell me exactly where to click.

2. When I give you the API key, store it securely (never paste it anywhere public, never save it in files I might share) and connect to the Systeme IO public API at <https://api.systeme.io> using the key as the X-API-Key header.

3. Verify the connection by listing my tags and telling me my total contact count.

4. Once connected, show me what you can now do — add contacts, tag them, check my list — and offer to set up my first automation: when someone new joins, tag them and send a welcome email automatically.

Explain each step in plain language as we go. Don't send any emails or change anything in my account without asking me first."

That's the whole playbook: Muse + Systeme IO. You bring the audience — the system does the rest.